# **GLUTEN FREE OPTIONS**

# SOUP

MISO\* | 6 Miso broth with wakame, scallions, and tofu

Dressings: Wasabi Ranch\*, Balsamic Vinegar\*

INYO SALAD\* I 17
Add Chopped Grilled Chicken 7
Grilled Shrimp 9, Grilled Salmon 16
Mixed greens, beets, cucumber, tomato, bell
pepper, asparagus, avocado, olives, and feta
cheese. Served with your choice of dressing

### ASPARAGUS AVOCADO SALAD\* | 13

Asparagus, avocado, tomato, carrots, and mixed greens with toasted pine nuts ~ served with choice of dressing

HOUSE SALAD\* 18
Mixed greens with cucumber, tomato, and carrots, with choice of dressing

# COLD APPETIZERS

### RAINBOW CARPACCIO\* | 19

Ahi tuna, red snapper, salmon, octopus, and yellowtail topped with olive oil and balsamic vinegar topped with jalapeño

### INYO TATAKI | 23

Thinly sliced and perfectly seared, served on a bed of cucumber. Hawaiian Walu

SASHIMI SALAD | 27

with your choice of dressing

SUSHI BURRITO I 16

Avocado, mango, and cilantro wrapped with
sushi rice and nori, served with a side of guacamole.
Stuffed with your choice of: Spicy Tuna and Salmon
or Spicy Shrimp

ALASKAN KING CRAB SALAD\* | 32 Baby spinach, mixed greens, enoki mushrooms, and strawberries with Alaskan king crab, served with your choice of dressing

Tuna, salmon, red snapper, shrimp, octopus, and albacore tuna served on a bed of mixed greens with pine nuts, tomatoes, and asparagus

SHRIMP COCKTAIL\* | 18 Boiled and chilled jumbo tiger shrimp served with a house made wasabi cocktail sauce

# **HOT APPETIZERS** JALAPENO CALAMARI\* OR

JALAPENO SHRIMP\* | 19
Calamari or Shrimp wok-fried with jalapeño peppers, bell peppers, and onion served on a bed of mixed greens

### EDAMAME\* | 7

Fresh Japanese soybeans with sea salt

### SPICY EDAMAME\* | 8

resn Japanese soybeans with sea salt, tossed in a spicy chili paste

### **GRILLED YAKITORI | 11**

Scallion wrapped with thinly sliced chicken grilled to perfection

## **BEEF MAKI MONO | 18**

Asparagus wrapped with thinly sliced certified Angus NY Strip Steak

### ASIAN STEAK BITES\* | 18

Certified Angus Filet Mignon, pan seared to perfection in a coconut curry sauce

### OCEAN

CHILEAN SEA BASS\* I MKT Beautifully broiled sea bass with saikyo miso glaze served with Asian vegetables

SCOTTISH SAKE | 35 Char grilled Scottish salmon served with Asian vegetables

GOLDEN CURRY SCALLOP\* | 45 Succulent scallops served with broccoli, mushroom, bell pepper, and baby corn in a curry coconut broth

# CHICKEN

# Wok-fried chicken with ginger roots and onions. Served with Asian vegetables

# BEEF

MONGOLIAN BEEF | 24 Sautéed steak with scallions and ginger, lightly breaded then wok-fried. Served with a side of Asian vegetables

## SIZZLING PEPPER STEAK | MKT

Served with an assortment of wild mushrooms and onions

EMPEROR FILET | MKT 8 ounce char-grilled certified Angus filet mignon. Served with a side of Asian vegetables

# NOODLES & FRIED RICE

VEGETABLE CHOW MEIN | 16

SINGAPORE NOODLES | 23 Shrimp, chicken, egg, and Asian vegetables, pan fried with Asian curry spice

# **INYO VEGETABLE FRIED RICE | 14**

Add chicken, beef, or steamed tofu 4 Add shrimp 5

\*TORO / MARBLED TUNA

Stir-fried vegetables with rice noodles Add chicken, beef, or steamed tofu 4 Add shrimp 5

# NIGIRI / SASHIMI

\*MAGURO / AHI TUNA 6/11 \*HAMACHI / YELLOWTAIL 6/11 \*KANI / KING CRAB 9/17 **HAWAIIAN WALU** \*TAKO / OCTOPUS

\*HOKKI GAI / SURF CLAM 5/9

\*EBI / TIGER SHRIMP 6/11

\*UNAGI

9/17 5/9 \*TAMAGO / EGG 5/9

# 6/11

\*SAKE / ATLANTIC SALMON 6/11 \*AMA EBI / SWEET SHRIMP \*IZUMIDAI/SNAPPER 5/9 \*SMOKED SALMON 7/13 \*TAIRAGAI / SCALLOP 7/13 \*SHIRO MAGURO / ALBACORE TUNA 6/11 \*IKA / SQUID

**MKT** 

# STANDARD ROLLS

SALMON\* 18

YELLOWTAIL SCALLION\* | 9

TUNA\* | 8

# KING CRAB CALIFORNIA\* | 24

Fresh Alaskan king crab, cucumber, and avocado SPICY SCALLOP\* | 11 and scallions, served

Marinated spicy scallops with a spicy cream sauce

**EBI CALIFORNIA\* | 11** 

# PHILLY\* | 11

Smoked salmon, cucumber and cream cheese

### SPICY TUNA\* | 10 vith a spicy cream sauce

SPICY SALMON | 10 Spicy salmon and scallions served with a spicy sauce

# **BEEF ROLL | 13**

with carrots and Japanese cucumber

# **VEGETARIAN ROLLS CUCUMBER ROLL\* | 8**

**AVOCADO ROLL\* | 8** 

AAC\* | 9 Avocado, asparagus, and cucumber

Asian greens, cucumber, avocado, asparagus, carrots, and light spicy mayo in a rice paper wrap

# SPECIALTY ROLLS

INYO I 27
The original Inyo roll. Fresh Alaskan king crab, strawberry, and Japanese cucumber with a mango purée drizzle

# THE BLOCK | 17

Block shaped rice lightly fried topped with spicy tuna and jalapeño

CHILI TUNA | 14 Spicy tuna and cucumber rolled in rice paper

# ALASKAN | 27

Fresh Alaskan king crab and cucumber topped with salmon and avocado

# **LOLLIPOP ROLL | 17**

Atlantic salmon, ahi tuna, in a refreshing cucumber wrap

# INYO 2.0\* | 27

A new twist on our original Inyo roll. Fresh Alaskan king crab, mango and cucumber, topped with seared Hawaiian walu, sriracha, wrapped in a soy paper

# SIDES STEAMED WHITE RICE\* | 5 FRIED NOODLES | 7

FRIED RICE | 7 STEAMED BROWN RICE\* | 6 ASIAN VEGETABLES\* | 7

\*Indicates a naturally gluten free item

\*\*Inyo Restaurant and Lounge has created this menu for our gluten intolerant quests. Please be aware that due to the handcrafted nature of our menu items, and the variety of procedures in our kitchen, cross contamination with ingredients containing gluten can occur. Therefore Inyo Restaurant and Lounge can make no guarantee of the gluten contained in the above menu items.

\*Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercoked meats, seafood, shellfish, or eggs may increase your risk to foodborne illness. Published November 21, 2023